

FEBRUARY



			Thrusday 1st	Friday 2nd
			Macaroni with mushroom Baked chicken with salad Fruit	Seafood rice Rioja style loin Yogurt
Monday 5th	Tuesday 6th	Wednesday 7th	Thrusday 8st	Friday 9th
Neapolitan pasta spirals with grated cheese Agustina Style Hake fruit	Cream peas Baked chicken Breast with salad Fruit	White beans with vegetables Eggs au gratin with York with lettuce Fruit	Borage with potato Meatballs with tomato Fruit	Rice with vegetables Cod with pepper and tomato Yogurt
Monday 12th	Tuesday 13th	Wednesday 14th	Thrusday 15st	Friday 16th
Garden Macaroni Baked fish with sautéed mushroom Fruit	Chickpeas with vegetables Potato omelet with salad Fruit	Swiss chard with potato Baked hake with tomato Fruit	Cream of vegetables Beef meat Pie with lettuce fruit	Rice with squid Meat hamburger with salad Yogurt
Monday 19th	Tuesday 20th	Wednesday 21st	Thrusday 22st	Friday 23rd
Rice three delights Cod with tomato Fruit	Lentils with vegetables Zucchini omelet with salad Fruit	Green beans with potato Roasted pork loin with salad Fruit	MARROQUIN FOOD Moroccan couscous (semolina, meat, and vegetables) Fruit	Spinach with potato Salmon with fine herbs Yogurt
Monday 26th	Tuesday 27th	Wednesday 28th		
Pasta Carbonara Hake with lettuce Fruit	Borage with potato Roast chicken ham with salad Fruit	White beans with chorizo Tuna omelet with lettuce Fruit		